



UTL - Universidade do Tempo Livre

INGLÊS I: nível elementar

Programa 2026/2027

As aulas de Inglês I visam ampliar os conhecimentos dos alunos nas quatro componentes fundamentais da comunicação: compreensão e expressão oral, leitura e escrita. Serão ainda abordados diversos conteúdos gramaticais que irão permitir a reflexão sobre o funcionamento da língua inglesa. Assim sendo, no final do ano letivo, os alunos deverão ser capazes de:

- ler e compreender textos escritos;
- ouvir e compreender diálogos/mensagens orais;
- comunicar através de estruturas simples, usadas no quotidiano;
- produzir textos.

Será concluído o manual adotado (nível de iniciação):

Soars, John & Liz and McCaul, Jo, *Headway Beginner Student's Book, 5th edition*, Oxford University Press, UK, 2024.

Soars, John & Liz, and McCaul, Jo, *Headway Beginner Workbook with key, 5th edition*, Oxford University Press, UK, 2024.

Iniciar-se-á o manual correspondente ao nível seguinte (nível elementar):

Soars, John & Liz and Hancock, Paul, *Headway Elementary Student's Book, 5th edition*, Oxford University Press, UK, 2019.

Soars, John & Liz, and Hancock, Paul, *Headway Elementary Workbook with key, 5th edition*, Oxford University Press, UK, 2019.

Conteúdos programáticos: nível de iniciação

UNIT	GRAMMAR	VOCABULARY	EVERYDAY ENGLISH AND WRITING
We had a good time!	▪ Past simple – regular and irregular verbs ▪ Questions and negatives ▪ Time expressions: yesterday, last, ago	▪ Sport and leisure ▪ Weekend/holiday activities	▪ Going sightseeing: describing places and asking for information ▪ Writing about one's last holiday

We can do it!	- Can/can't to express ability, requests and offers - Adverb formation - Regular and irregular adverbs	- Verb + noun - Adjective + noun - Opposite adjectives	- Talking about everyday problems - Talking about what you can do on your smartphone
Thank you very much	- Would like to ask and to offer things - Quantifiers: some and any - Like and would like	- Places in town - Food and drink	- Talking about birthday wishes - In a café: ordering a meal. - The meaning of signs - Writing a conversation
What's happening now?	- Present continuous: positive, questions and negatives. - Present simple and present continuous	- Colours - Clothes - Opposite verbs	- Talking about what people are wearing - Expressing feelings
Let's go!	- Future plans: going to and present continuous - Questions and negatives	- Forms of transport - Words that go together	- Talking about future plans - Social expressions - Writing about your life

Conteúdos programáticos: nível elementar

UNIT	GRAMMAR	VOCABULARY	EVERYDAY ENGLISH AND WRITING
Nice to meet you!	- Verb to be (present simple) - Possessive adjectives and possessive case - Verbs have/ go/ live / like	- Opposite adjectives - Family members	- Self-introduction - Introducing family members - Everyday conversations - Writing: a blog
Work and family life.	- Present Simple: he /she/it, positive, questions and negatives - Personal pronouns: subject and object	- Opposites (nouns and adjectives) - Jobs - The time	- Talking about family and friends - Talking about jobs - Telling the time - Writing: improving style by using pronouns

Time off.	▪ Present Simple: I /you/we/they, positive, questions and negatives ▪ Adverbs of frequency	▪ Days of the week ▪ Seasons and months ▪ Leisure activities	▪ Talking about leisure activities ▪ Social expressions used in different context ▪ Writing: filling in an application form
House and home.	▪ There to be ▪ Quantifiers (some, any, a lot of) ▪ Demonstrative pronouns ▪ Prepositions of place	▪ Types of houses ▪ Rooms and furniture ▪ Adjectives for good and bad ▪ Adverb + adjective	▪ Describing a place ▪ Numbers and prices ▪ Writing: describing one's home
Super U!	▪ Verb to be (past simple) Modal verb Can: ▪ Present / past ▪ Positive, questions and negatives	Words that go together: ▪ Noun + noun ▪ Verb + noun ▪ Prepositions	▪ Talking about what you can/can't do ▪ Talking about talented people ▪ Making polite requests ▪ Writing: a formal email